

8 SESSIONS

## KIRK CAMERON

Based on Born to Be Brave: How to Be a Part of America's Spiritual Comeback by Kirk Cameron, available now from Post Hill Press and Brave Books

Born to Be Brave Conversation Guide copyright © 2025 Kirk Cameron. Permission is granted to reproduce the conversation guide for noncommercial use.

For more resources, see kirkcameron.com.

## A Note from Kirk

Since publishing my book *Born to Be Brave*, I've been thrilled to hear stories of how it has impacted readers. Men, women, and teens have told me how they feel courage stirring within them and have begun to act on this new bravery. They're proving that the family of faith aren't victims, merely enduring the onslaughts of socialism, atheism, and wokeism. We're victors through Christ and can joyfully and confidently go about our efforts to align relationships and society more closely with the Word of God.

Borrowing a phrase from my late friend and mentor Dr. Marshall E. Foster, I refer in the book to Christ's people as an "army of compassion." We're supposed to march together as we seek God's glory in our own lives, in our marriages and families, in our churches, and in our communities and nation. Connecting divine truth with twenty-first-century life in all its diversity promises good for every citizen and, in God's mercy, will make Earth more like Heaven.

I can sense an awakening to the things of God springing up all around us today like new growth. Do you feel it too?

What a time to be alive!

Brother or sister, I'm so glad you're taking the next step beyond just reading *Born to Be Brave*—you're choosing to talk through its key ideas with others who, like you, desire to be more courageous in faith. Look at it this way: your conversation group is a platoon in Christ's army of compassion, and the concepts you'll be discussing and applying are the basic training. I hope your group will approach these topics, not casually or theoretically, but humbly and with a genuine desire to know what God is calling you to do for His honor. If you'll pray fervently throughout your "basic training," you'll be connecting with the power that can make this happen.

God bless you!

Kirk Cameron

# The Setup

### The Big Idea of Chapter 1 of Born to Be Brave

In the family of faith today, many of us are fearful and cringing in the face of what seems overwhelming opposition. Yet through the new birth all followers of Jesus have a potential for bravery—for doing what is right so that God's will may be done and good may prevail, regardless of the cost to ourselves. And as we do so, the potential for our society is huge!

Kirk Cameron asks, "What if the present cultural setback is really a divine setup for a spiritual comeback led by the family of faith?" If we activate our God-given bravery, we can take the lead in shaping society to conform more closely with biblical principles for the honor of God, the flourishing of the family, and the advantage of all persons.

- 1. How did you hear about *Born to Be Brave*, and what makes you interested in it? What are you hoping to get out of this conversation group?
- 2. Share with the group a little about your faith history. How would you describe the present state of your relationship with God?
- 3. What are your top concerns when you look at the condition of our society today?
- 4. How have you or your family been personally affected by ungodly movements or anti-Christian bias?
- 5. Do you feel that you are a brave person generally, or not so much?
- 6. Tell about a time when you felt intimidated about either identifying as a Christian publicly or defending biblical truths.
- 7. What is an example of a Christian standing up for his or her beliefs that inspires you?
- 8. When you read the suggestion that the "present cultural setback" might be a "divine setup for a spiritual comeback," is your reaction more one of hope or of skepticism? Why?
- 9. What signs of movement toward God have you seen in your community or the nation recently?
- 10. If you already feel that God may be leading you to get involved in a particular issue, cause, or organization for His sake, tell the group about it.

# **Heavenizing Earth**

### The Big Idea of Chapter 2 of Born to Be Brave

In the Lord's Prayer, Jesus teaches us to pray, "Your kingdom come, your will be done on earth as it is in heaven." While progressive extremists are trying to establish a socialist utopia on Earth, we should be praying for—and working for—Earth to become more like Heaven.

Since the beginning of human history, our Creator has invited people to creatively shape culture in ways that are good and godly. So if we've been paralyzed or passive in the face of cultural degradation, that's got to stop—fast! God expects us to get involved in what's going on in the world today, carrying the light of his truth to politics, law, the arts, business, education, and every other domain of society.

- 1. What are some of the most concerning ways that biblical values and Christian influence have been displaced in this country in recent decades?
- 2. Has anyone ever said to you something like "Keep your religion to yourself"? What was your reaction?
- 3. Do you ever find yourself compartmentalizing your faith to keep it separate from the more public parts of your life? If so, how—and why?
- 4. Is it unfair to people of others faiths or no faith if we try to reshape public institutions and laws according to biblical values? Why or why not?
- 5. What is our responsibility to preserve other people's religious freedom in addition to our own?
- 6. The author says a religiously neutral society is both impossible and undesirable; we should be promoting Christianity over every other totalizing philosophy. What do you think about that?
- 7. What risks and opportunities do you see in Christians trying to "heavenize" society?
- 8. Where are you seeing Christians effectively transforming our culture right now?
- 9. If there was one area of community or public life where you most feel drawn to getting involved with the culture, what would it be?
- 10. What gifts or resources do you possess that you can use to influence our culture for the good?

## Reporters and Reformers

#### The Big Idea of Chapter 3 of Born to Be Brave

We can choose to be "reporters"—not literal journalists but people who compulsively seek and spread bad news about the culture with others. Or we can decide to be "reformers"—people who devote their energies to trying to make things better. It's far better to be a reformer! After all, the ungodly are trying to reshape America in the humanist mold; we should be working harder to make America more honoring to our Creator.

In America, Christians have a rich tradition of seeking to base society in biblical principles. Let's reform ourselves first through repentance, then go on from there to reform our families and churches, communities and nation.

- 1. How much time do you spend following the news? What news sources do you usually check in with?
- 2. Would you say you have a tendency to easily get outraged about bad stuff being reported in the news and then spout off about it to others? Give a recent example.
- 3. Would you say conservatives or progressives have been more vigorous in trying to shape culture in recent years? Why might that be?
- 4. What's been keeping you, personally, from doing more to try to improve the world around you?
- 5. What kind of mindset change might you need to undergo in order to make the switch from being a "reporter" (complainer about events) to being a "reformer" (contributor to change)?
- 6. How would you define the Gospel? What does it mean to you?
- 7. Kirk says the Gospel has a power to bring about transformation in individuals and society that politics can never equal. Agree or disagree, and why?
- 8. Does it make sense that we should refer to America as a "Christian nation"? What does that designation mean to you?
- 9. What's your reaction to Kirk's idea that people of faith individually need to reform themselves first before focusing on reforming society as a whole?
- 10. What areas of your own life need reform? Share one with the group, if you're comfortable doing so.

## **Arise, Warrior!**

### The Big Idea of Chapter 4 of Born to Be Brave

The Woke Left has tried its best to redefine masculinity. As a result, many men are not rising to the challenges they were made for.

It's time to recover an understanding of manhood in which men are strong and self-controlled, becoming a threat to the causes of evil in our day. With a restored biblical manhood, today's men can take their place beside women as a team to spread Gospel influences in every part of society.

- 1. What kinds of messages have you heard from leftist radicals about masculinity?
- 2. What social trends or assumptions have resulted from the attempted feminizing of men?
- 3. Would you agree with Kirk that churches often fail to challenge men to live up to their full masculine potential? Seen any notable examples to the contrary?
- 4. FOR MEN: How have you, personally, felt pressure to suppress your masculine qualities? Do you feel that you have become too passive because of it? (Or maybe you've overreacted and become too aggressive?)
- 5. How would you describe the biblical view of masculinity? Of femininity?
- 6. FOR WOMEN: How do you feel about Kirk's description of men as "monsters" under control? Is this the kind of men you would like to see more of, or not?
- 7. Where is the line between God-ordained masculine strength on the one hand and sinful domination on the other?
- 8. Who are some men, either alive today or from the past, who make good models of a righteous and appropriate masculinity?
- 9. What are some things Christian men could do if they want to become more masculine in the biblical sense?
- 10. What kinds of changes would you hope to see in families and communities if Christian men were to step up more to their responsibilities?

# A Vision of Victory

### The Big Idea of Chapter 5 of Born to Be Brave

To succeed in bringing hope, liberty, and truth to our world today, there's one indispensable thing we need first: the belief that it can come to pass.

The problem is that defeatism has become far too widespread among Christians today. Many of us believe we are in the end times and assume that means conditions are bound to get worse. Others of us think Christian influence has slipped so far that we can no longer hope to be more than a prophetic minority.

Kirk Cameron, however, reminds us that in the past two thousand years Christianity has already traveled widely and transformed human societies hugely. There's no reason for the tide of Gospel advance not to continue, here in America and everywhere else. Believe it.

- 1. What are some areas of life where confidence is usually required before victory can come?
- 2. How would you say conditions in America have gotten worse in recent years? Gotten better?
- 3. How would describe the health of Christianity in America currently?
- 4. How do you respond to Kirk's idea that Christianity is an unstoppable force in history?
- 5. How do your views about the end times affect your attitude toward the prospects of Christianity in America?
- 6. Would you say that American Christianity's best days are behind us or ahead of us?
- 7. What can we be doing to support the advance of the kingdom in other nations around the world?
- 8. What are some things you should perhaps stop saying or thinking about the future of America, in light of Christ's current victorious reign?
- 9. How can you help to spread optimism and confidence about the future to others, so that more may share in the vision of victory?
- 10. If we have confidence in victory, how might that change our attitude and behavior from this point forward?

# The Inside-Out Strategy

### The Big Idea of Chapter 6 of Born to Be Brave

If we want to challenge a culture gone astray, we need to first look at the condition of our own hearts. Are we devoted followers of Jesus, or are we mere cultural Christians? Are our hearts receptive to conviction of sin by the Holy Spirit, or are we overdue for repentance?

Our effectiveness will be stifled until we get right with God.

We'll know we're there when we are living out of true humility and love, in Jesus's name. Then we'll be the kind of people He will use in service of the revival He's bringing.

- 1. What could go wrong if we try to promote Christianity without first facing up to our own spiritual neediness?
- 2. How widespread of a problem do you think it is for conservatives active in the public space to be Christians in name only?
- 3. How can a person achieve assurance of salvation?
- 4. What things tend to keep us from repenting?
- 5. How have you experienced freedom through repenting of sin and reforming your life?
- 6. What are some ways of cultivating humility?
- 7. What does it look like to be both humble and bold in one's convictions?
- 8. Describe a time when you faced a backlash to your Christian or conservative beliefs. How did you react—with love or by angrily striking back?
- 9. What are the challenges you've found in loving those who disagree with you while not compromising your beliefs?
- 10. How do you want to implement an "inside-out strategy" of repentance and reform in your own life?

# **Army of Compassion**

### The Big Idea of Chapter 7 of Born to Be Brave

God is assembling an "army" in America. He's gathering believers to show others the compassion of Jesus and the possibilities of forming a better society, or "a more perfect Union" (as the preamble to the Constitution puts it), around godly precepts.

Our divine Commander-in-Chief has given the army of compassion three gifts, easily remembered with three C's. The first gift is His commandments, or the Word of God, to instruct us. The second is the community of Jesus followers who form our family, our team. The third is the calling that God gives us to take on tasks He has already prepared us for.

- 1. Christians are often accused of not caring about others. How much of that is due to mere prejudice against Christians and how much is justified because we really do need to expand our compassion for others?
- 2. What signs do you see that Christians are coming together to bravely speak up for and establish the ways of God in America?
- 3. What fundamental truths from Scripture are most needed in our culture today?
- 4. What reactions have you gotten from others when you've tried to use the Bible to promote conservative views? What have you learned from these experiences?
- 5. What are the advantages in Christians taking more of a team approach to influencing society for the good, rather relying on individual efforts?
- 6. Who do you know who has similar interests and passions as you do about affecting today's culture? How might you work together with them?
- 7. What specific causes or issues do you feel God is calling you to focus on? How have you received this leading from the Lord?
- 8. What are your plans for getting more involved in these areas?
- 9. What lessons are you still learning about how to serve effectively as a soldier in Christ's army of compassion?
- 10. How can the members of this conversation group support one another in being brave even after the sessions are completed?

## The Comeback

### The Big Idea of Chapter 8 of Born to Be Brave

Kirk Cameron believes the present cultural setback is a divine setup for a spiritual comeback led by the family of faith.

Just as God has sent awakenings in the past, today He may be ready to bring about a widespread revival of faith, with accompanying changes in society. We don't know when it may happen in America—but we know that the kingdom of God is inevitably going to expand globally, as people around the world turn to Jesus.

The rumblings of a new awakening are already being felt. There will never be a better time for us to be brave.

- 1. Since starting these conversations based on *Born to Be Brave*, how have your own faith and courage been affected?
- 2. Do you expect a new spiritual awakening to occur in America in your lifetime? Why or why not?
- 3. Have you ever been a part of a local revival brought about by the Spirit of God? What was it like, and what does it teach you to expect if a wider awakening should come?
- 4. What should we be praying about, specifically, when we pray for our country?
- 5. In addition to becoming more active in bringing God's truth to America, what can we be doing to help in the spread of the Gospel around the world?
- 6. Have you ever been caught in a conflict of demands between your kingdom citizenship (being faithful to God) and your national citizenship (going along with what US authorities want)? Describe.
- 7. What are the best models you see of Christians taking the lead in societal change today?
- 8. Do you struggle with feeling inadequate for the task of influencing in your community and beyond? What could help you in those moments of self-doubt?
- 9. What evidence have you spotted that indicates God may already be bringing revival to the land?
- 10. What insights from Born to Be Brave do you want to be sure to share with others?